

News & Views

Volume 2026 • Issue 3 of 24

The Official Senior Estates Golf and Country Club Publication Since 1962 • A 501(c)7 Social Club

Friday, February 13, 2026

Tips for Pedestrians; From a Retired Bus Driver

By Gerry Brevick and N&V Staff

- Please stay safe while enjoying your walks.
- When walking, especially on darker winter days, wear a reflective vest or jacket and carry or clip on a flashlight.
- Driver visibility is not as good during dawn or dusk, especially when driving into the sunrise or sunset. Don't assume you can be seen.
- Wearing dark clothing or coat makes one difficult to be seen, especially if a pedestrian is in a shadow or obscured by a tree, even a white coat or shirt is shaded and hard to see.
- Pedestrians need to be especially careful when it is raining because car headlight glare makes it very hard for a walker to be seen.
- Special reflective coats or lights are great accessories when you are walking your dog and help to keep your dog visible as well.

Gerry's tips, from the perspective of a bus driver, prompted the News & Views staff to add to his list with the following:

- Always talk to your doctor before starting any new exercise routine.
- Choose sturdy, comfortable shoes with good support and cushioned soles, like walking or running shoes.
- Carry water and drink it before, during, and after walks, especially if it's warm.
- Walk with a friend or family member for motivation and assistance.
- Always walk facing traffic and allow plenty of time to cross streets, stopping to look left, right, and left again.
- Use a cane or walker if you have balance issues.
- Start Slow: Begin with short walks and gradually increase duration and intensity.

- Warm-Up & Cool-Down: Do light stretches before and after your walk.
- Posture: Stand tall, swing arms freely, and roll from heel to toe with each step.
- Schedule walks like appointments to build a routine.



The brighter the better - more visibility

Chili Cookoff a Huge Success



Chief Millican Fire v Police Championship

By Steve Kufeldt

The 10th edition of the Woodburn Chili Cookoff was hosted for the first time at Senior Estates on January 24th. It was a great success

with a record attendance of 174 people. Presented annually by the French Prairie Kiwanis Club, the event featured nine teams in friendly competition for bragging rights of serving the best chili. Attendees not only enjoyed a delicious chili lunch provided by the "Foodies Club" led by Kim Farquharson, but they also voted for their favorite chili teams by donating money, with each dollar equaling one vote.


The competition was very close, with the brother team of Joaquin and Juan Larios, both Woodburn High School students, winning the "People's Choice" award with \$154 in total donations, nudging out Woodburn Fire District's Station 22 with \$130 in donations.

Five judges, including our association's president, Allan Lindberg, along with Mayor Frank Lonergan, City Manager Scott Derickson, City Assistant Attorney Chris Killmer, and Love Santa President Benito Puentes, awarded points to all entries through a blind taste test and crowned the Larios brothers as the "Judges' Choice" winner. Woodburn Police Chief Jason Millican tied for the overall award but lost the tiebreaker to the Larios brothers, based on the difference in donation votes.

Continued on page 4


SENIOR ESTATES GOLF & COUNTRY CLUB

coffee hour

Feb 5 WHS THEATRE 

Feb 12 MAJORITY RULES

Feb 19 Music by OLD-TIME FIDDLERS

Feb 26 Feud: Police vs Fire 

Thursdays @ 9:30 \$2 Cover Charge
Weekly Drawings and featured Entertainment

Entertainment listed is subject to change without notice.

Senior Estates Golf & Country Club

ST. PATRICK'S DAY Irish Dinner



Corned Beef • Cabbage • Potatoes • Carrots

Tues. Mar. 17 • 4 - 5:30 pm • Auditorium • \$8.00

Presented by: 

Sponsored by:  Andrew Nordby, Principal Broker
Viking Properties NW, LLC
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BOARD OF DIRECTORS MEETING MINUTES – January 13, 2026

Chaired by Allan Lindberg, President
Recorded by Linda Hepburn, Secretary

Directors Attending

Allan Lindberg, President; Andrew Nordby, Vice President and Rules & Regulations; Mike Hachquet, Treasurer; Linda Hepburn, Secretary; Randy DeGiovanni, House; Robert Jones, Architectural; Golf/Greens; Sherman Lackey, Marketing /Publications; Ed McKone, Activities (absent with notice); Dorothy Monnier, New Member

Call to Order at 1:30pm

Quorum established

Pledge of Allegiance recited

Approve Agenda - Linda Hepburn, Secretary
I move to approve the agenda as distributed in advance. Seconded and approved

President's Address

Allan Lindberg, President

No report at this time

Treasurer Report

Mike Hachquet, Treasurer

This is the first of two Board meetings scheduled for January. The first two weeks of the month have focused on onboarding activities, including confirming committee members and completing financial institution setup for new officers.

I'd like to recognize a few individuals.

I want to thank Jan Petroski for her past faithful service on the budget committee. Her dedication and contributions are sincerely appreciated.

I would also like to thank Debbie, Alisha, and Kaitlyn for the many hours of overtime they worked in December to complete year-end activities, including HOA billing. The annual billing process is highly detailed, and their efforts ensured everything was completed accurately and on time.

The December financial reports remain on track to be presented at the regular Board meeting on January 27. Thank you to those who have offered support, and I look forward to working with both the Budget Committee

and the 5-Year Planning Committee in the year ahead.

Respectfully, Mike Hachquet, Treasurer

Committee Reports

Activities, Ed McKone

No report

Architectural

Greens/Golf, Robert Jones

No report

House Committee

Randy DeGiovanni

The Team met on January 8. While the Team is rather small right now, we have high hopes of accomplishing a lot this next year. We prioritized the projects as we understood them and hopefully will have additional information at the next BOD meeting.

Publications, Marketing

Sherman Lackey

No report

New Members

Dorothy Monnier

No report

RV

Linda Hepburn

No report

Rules & Regulations

Andrew Nordby

No report

Open Mic, comments on posted motions

MOTIONS

Motion 1 2026-0113 Mike Hachquet

I move to appoint the following members in good standing to the Budget Committee; Linda Hepburn, Michael Hepburn, Marilyn Plowman, Cheryl Wahlberg, and Connie Watt. Motion seconded and approved

Motion 2 2026-0113 Mike Hachquet

I move that the Board establish a temporary Five-Year Planning Committee for the purpose of reviewing the reserve study, community survey results, and other relevant financial and operational information, and to develop advisory recommendations for a five-year planning

framework for the Association.

Discussion: The committee shall serve in an advisory capacity only, shall have no independent spending or decision-making authority, and shall conclude its work no later than September 30, 2026. Motion seconded and approved

Motion 3 2026-0113 Mike Hachquet

I move to appoint the following members in good standing to the Five-Year Planning Committee; Randy DeGiovanni, Diana Lindberg, Marilyn Sbardaletti, and Lorrie Cox. Motion seconded and approved

Motion 4 2026-0113 Robert Jones

I move to appoint the following members in good standing to the 2026 Golf/Greens Committee: Connie Johnson, Sheila Hawn, Steve Kufeldt and Mike Archer. Motion seconded and approved

Motion 5 2026-0113 Robert Jones

I move to appoint the following members in good standing to the 2026 Architectural Committee: Sally Carter and Linda Eaton. Motion seconded and approved

Motion 6 2026-0113 Ed McKone (read by President Lindberg)

I move to appoint the following members in good standing to the 2026 Activities Committee: Lani Biddle, Cheryl Fox, Connie Watt, Vivian Cameron, Delane Pennington, Karen Puller and Malena Turner. Motion seconded and approved

Motion 6 2026-0113 Dorothy Monnier

I move to appoint the following members in good standing to the 2026 New Member Committee: Carl Conser, Allie Mathis, Mary Jo McIntosh, Ginna Neufeld, Bunny Buckwater and Ginny Shelby. Motion seconded and approved

Open Mic

Five members spoke regarding the pool temperature and etiquette

Announcement for Next Meeting

The next meeting will be held on January 27th
Adjourn Meeting – 1:55pm
Minutes approved 1/27/26

COMMITTEE REPORTS – January 27, 2026

President's Address

Allan Lindberg, President

Kress Autonomous Mower Demonstration

On January 14, 2026, representatives from Kress Robotics conducted an on-site demonstration of their autonomous turf mowing system. Autonomous mowing solutions are already in commercial use throughout the industry, with major manufacturers such as Toro, John Deere, Husqvarna, and Kress producing competitive models.

Kress currently offers several autonomous mowers capable of servicing properties ranging from approximately ¼ acre to 9 acres. Unlike competing systems, Kress units do not require perimeter boundary wires or external antenna systems. The demonstrated model utilizes satellite-based navigation resulting in greater operating range and deployment flexibility. Key performance notes from the demonstration include:

- Operates within a defined digital boundary for approximately two hours before automatically returning to a base station for recharging, then resumes operation from its paused location.
- Capable of continuous 24-hour mowing cycles.
- Achieves approximately three acres of coverage within a 24-hour period and can be scheduled to move between defined sectors on consecutive days.

Additional advantages observed:

- Very low operating noise levels
- Ability to manage slopes up to 40%
- Lightweight design that minimizes soil displacement and rutting in wet conditions
- Fully battery-powered, eliminating gasoline and diesel use

- Programmable routes that allow operation during irrigation cycles when sprinkler heads are mapped

We are currently evaluating potential cost savings related to equipment replacement, fuel consumption, routine maintenance, and labor. Several regional golf courses have adopted autonomous mowing to offset rising operating expenses and staffing limitations.

Raymond is currently mapping potential mowing sectors. Spencer serves as the regional sales representative, and Matt (spraying contractor) is authorized to sell the equipment.

Spa and Pool Chemical System Modifications

Emerald Outdoor Living has completed the negotiated modifications to the Spa chemical treatment system. The scope of work included:

- Removal of the ADA lift chair
- Removal of two underperforming UV light treatment systems
- Replacement of an oversized chlorine delivery system with equipment appropriate for Spa capacity

The pool and Spa were closed for two days to accommodate the work. This proved to be an appropriate shutdown window for the scale of modifications.

Routine monthly closures will continue to be required for sand filter backwashing. This preventative maintenance is necessary to maintain water quality and system performance.

We are also evaluating a return to liquid chemical treatment for the swimming pool. The current pellet-based system does not fully dissolve, resulting in visible white particulates that can create cloudy water conditions and accumulate in areas of swirling flow. While not unsafe, the particulates can contribute to pipe system obstruction.

Pool Deck Incident

On January 20, 2026, Maintenance employee Jeff identified blood spots on the swimming pool deck and traced the trail exiting the facility through the office corridor toward the parking lot. Jeff immediately notified Debbie, who then notified me.

The appropriate response in these instances is to restrict access to the affected areas for cleaning and assessment. We later learned the incident occurred the previous evening near closing time. While injuries are never desirable, timely reporting allows maintenance staff to perform sanitation procedures promptly using existing body fluid cleanup kits. Delayed reporting increases uncertainty regarding exposure scope and requires broader area closures for safety.

Going forward, if an individual sustains an injury resulting in bleeding, staff should be notified immediately. Body fluid cleanup kits are available in the First Aid station within the health center.

Chili Cook-Off Event

On Saturday, January 24, I attended the community Chili Cook-Off and participated as one of the five judges. Connie Johnson provided clear instructions to the judging panel and coordinated sample distribution. All chili entries were high-quality. I concluded the event by consuming two very delicious brownies. They were so good I managed to seek out with two wrapped in a napkin for later consumption.

Absenteeism

Over the past couple of years, the board has experienced various instances of absenteeism. While we never wish illness, injury, or personal hardship on any board member, these absences can place strain on the board's opera-

COMMITTEE REPORTS – Continued

tions. When one or more directors are absent, committees may stall or fall behind on projects and routine duties.

Our governing documents state that if a board member misses three consecutive meetings, and is absent without notice, they are automatically removed from the board. However, the documents do not clearly address how to handle situations where a director is unable to attend due to medical or other valid reasons, nor do they define any timelines or procedures for such circumstances.

Committees are composed of volunteers and are led by a director serving as chairperson. To ensure continuity during short-term absences (ranging from several weeks to a couple of months), I propose that the Vice Chair automatically assume the absent director's committee responsibilities, or that the board appoint an acting chair for the duration of the absence.

I am handing this over to the Rules Chairman Andrew for his committee to formulate specific language to add to the SOPs for future boards as a guide when situations like this should arise.

COMMITTEE REPORTS

Activities

Ed McKone

We held our first committee meeting of the year, with both returning and new members. We confirmed our first two events: the Super Bowl Potluck on Sunday, February 8th, at 3 pm, and the St. Patrick's Day event on March 17th.

Sponsorships for the Pancake Breakfast and the popular Shred Day later this year have been confirmed with continued support from our friends at McCully Realty.

The committee has identified a few new events we would like to have in 2026. The first is a tech support Saturday for individuals looking for basic help with their computers, smartphones, and tablets. The counseling office at Woodburn High School will help coordinate the recruitment of high school students to provide this support. The committee suggested all SEGCC members would also be enrolled in Bugle Blast if they come in for tech support.

Additionally, a Summer BBQ was discussed. Further discussion of this is still needed.

Lastly, we are coordinating with local agencies to have several community education presentations on personal safety and wellness. The Woodburn Police Department has agreed to speak about protecting yourself and property, including from unwanted solicitors. The Woodburn Fire Department will speak about preparing yourself and your home for a medical emergency. I will contact the local banks and have a representative speak about financial safety, and we will then have someone give a presentation on how to identify, prevent, and report elder abuse.

It has been a bit of a bumpy transition, but I have now obtained almost all the keys and codes for activities cupboards, cabinets, and storage closets.

I am compiling informational binders containing all relevant information on activities that can be passed on to the next Board Member who holds this position.

House Committee

Randy DeGiovanni

I am sorry I cannot make this meeting. As many of you know, my mother had at least two heart attacks and was hospitalized in Tillamook for 4 days, before being discharged to us. We brought her to my house and she will have her medical needs taken care of here in the valley. Thanks for all the kind words and positive thoughts.

The Team has not met since January 8, but we have a few things going on right now:

- We are asking CJ Hansen to look at the bid from last year for the air flow study and balancing of the Health Center – Pool Area.
- We received one estimate for power to the monument area and are waiting to receive two others
- We are seeking bids for a manufactured ADA ramp system to the hot tub
- We are seeking bids for air flow study for the balance of the buildings – not including the Health Center
- We are seeking bids to seal coat the pool deck to address the cracks and difficulty in cleaning it. This will include the hot tub area as well.

Publications, Marketing

Sherman Lackey, Publications/Web Team

The Publications team continues to create and distribute the company newsletter News & Views. Distribution could use some additional assistance, and if you would like to deliver the publication, please contact Jim or Linda Hoover. Website maintenance continues, and some minor layout changes are expected late this year regarding relevant content.

The office is now sending out Bugle Blasts regarding common ground issues, like road closures, swimming pool maintenance, and office issues. The Web Team has undertaken the task of insuring that the Bugle Blast Audience is correctly tagged, and emails for Bugle Blast are being delivered. Any issues members have with our company website or with Bugle Blast should be directed via email to the web team's email address.

Electronic reader boards are current, with some content set to display on a date. We will have some content changes in the future.

New Members

Dorothy Monnier

(Report submitted after January 27th Board meeting)

Because I am now the Director for the SEGCC New Members Program, I will have a report next month. I want to take this opportunity to call your attention to a program that has been in existence for a year, the Financial Assistance Program (FAP). This program helps some of our members who are unable to pay their annual HOA fees. It also provides the opportunity for other members who would like to help to make a charitable donation to Love INC of North Marion County, a local 501©(3) domestic charity. These donations will only be used to help our SEGCC homeowners.

Senior Estate Golf and Country Club homeowners who meet eligibility requirements for Food Stamps (SNAP) may apply for assistance. This program will pay for one quarterly payment (\$279) for 3 months of their annual HOA dues. Applications for this program are accepted through December 31, 2026.

Funding for the Financial Assistance Program (FAP) is provided by Senior Estate Golf and Country Club homeowners, who choose to make voluntary contributions to Love INC of North Marion County. Tax receipts will be issued for eligible donations. Donations should specify SEGCC as the donor.

Mail donations to: Love INC of North Marion County, 970 N. Cascade Dr., Suite 100, Woodburn, OR 97071

NOTE: In 2025, Love INC. processed and vetted 9 of SEGCC, qualified SNAP homeowners. As of this writing, Love INC has already vetted 10 homeowners in January 2026. There is only enough funds to approve 7 more eligible SEGCC homeowners.

PLEASE MAKE A DONATION TODAY TO HELP A NEIGHBOR.

Respectively submitted, Dorothy Monnier, Member at Large Director, 503-810-5892

RV

Linda Hepburn

Last week I had a meeting with our maintenance, greens and financial staff to lay out the proposed plans for this year for improvement to the RV lot. We discussed many options and plans on how to proceed with the projects. We talked about grading the lot to address the water issues, gravel, adding some bigger spaces, weed control, better space marking, plus more. We will also be evaluating our security system and looking for any ways that may be needed to improve it. I will report more as things progress.

Rules & Regulations

Andrew Nordby

Paperwhites are blooming, and the crocus and daffodils are coming up! With the unseasonably warm winter we are having, one of my neighbors gently reminded me that weeds continue to grow and last fall's leaves that are left on the lawn can kill the grass if not raked up. Now that the days are getting longer, there's more time to get outside for some fresh air and a little exercise cleaning up our yards.

Acknowledging that a good percentage of the SEGCC owner/members are snowbirds, we are holding back sending out the ballots to release the vacant Santiam lot to the City of Woodburn and the vote to add verbiage to the Declarations which will help us to control and manage the current rental properties along with any future inherited properties. When the ballots go out in March/April we will need everyone in SEGCC to help us get to the required minimum of 1135 ballots returned in order to open and tally the results. If you have any questions about either of these items, please reach out directly to me. Also, please remember that any discussions on social media may have misleading or misinformation regarding these items.

Last but not least, we are experimenting with an online complaint form. Please be as specific as possible with your complaint/concern along with any pertinent details you observe. The Rules committee meets on the first and third Mondays to discuss new and recurring complaints to discuss steps needed to resolve the issues at hand. A committee member will reach out to you if we need more or clarifying information. We are still working out a few bugs with this system, so your patience is greatly appreciated.

🌀 Committees 🌀

President – Allan Lindberg President@SeniorEstatesGolf.com	House – Randy DeGiovanni House@SeniorEstatesGolf.com
Vice President – Andrew Nordby VP@SeniorEstatesGolf.com	Marketing – Sherman Lackey/Andrew Nordby WebTeam@SeniorEstatesGolf.com
Secretary – Linda Hepburn Secretary@SeniorEstatesGolf.com	New Members – Dorothy Monnier NewMembers@SeniorEstatesGolf.com
Treasurer – Mike Hachquet Treasurer@SeniorEstatesGolf.com	Publications & Web – Sherman Lackey Publications@SeniorEstatesGolf.com
Activities – Ed McKone Activities@SeniorEstatesGolf.com	RV – Linda Hepburn RV@SeniorEstatesGolf.com
Architectural – Robert Jones Arch@SeniorEstatesGolf.com	Rules and Regs – Andrew Nordby Rules@SeniorEstatesGolf.com
Golf and Greens – Robert Jones Golf@SeniorEstatesGolf.com	

🌀 Senior Estates Staff 🌀

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Front Desk – Alisha Bailey Info@SeniorEstatesGolf.com	
Facilities – Nehemiah Luna Maint@SeniorEstatesGolf.com	Greens Superintendent – Ron McKillip Super@seniorestatesgolf.com

HAPPY Valentine's DAY

Valentine's Day is about celebrating love in all forms—romantic, familial, and platonic—stemming from Christian traditions honoring martyred saints and ancient Roman festivals, evolving over centuries into a cultural day for expressing affection through gifts, cards, and special outings, though it's also seen as a commercial holiday. Its roots trace back to figures like St. Valentine in the 3rd century and the pagan festival of Lupercalia, with its romantic association popularized by poets like Chaucer in the Middle Ages, solidifying as a day for romance with Shakespeare and the rise of written Valentines.

Chili Cookoff a Huge Success

Continued from page 1

In the Civic Club competition, the judges chose the entry by John Zobrist and the Woodburn Rotary Club, defeating two Kiwanis club entries.

The most anticipated competition for the event is the "Police vs. Fire" First Responders Challenge. The judges chose the entry of Police Chief Millican, who successfully defended his title and won the "traveling trophy" (see photo), defeating two Woodburn Fire District teams (Station 21 and Station 22).

The event is a fundraiser and between the event sponsors, admission income, and vote donations, the event netted \$2,272. Since the event's inception in 2016, over \$18,400 has been raised for community organizations, including the AWARE Food Bank, Love Santa, the Ray of Hope Home Liaison Fund (a cooperative partnership with Woodburn schools), Oregon Battle of the Books, Kiwanis Doernbecher Children's Cancer Program, and more. Thank you to all who helped make the event a great success, and mark your calendars for next year's Cookoff, which is scheduled for January 23, 2027.

Curio Cabinet Collections

Kathleen Kraemer grew up in a large Dutch farming family and is very proud of her heritage. She collects all things Holland from windmills to wooden shoes. The majority of them are made of glass.

Curio cabinet is located in the livingroom of the Club House.



If you would like to display and share your collection here for your fellow SEGCC members to enjoy, please contact Steve Veltman at steveveltman41@gmail.com

Staying Connected: Why Friendships Matter More Than Ever After 55

By Dr. Mary McKone, Ed.D.

Humans are wired for connection. Friends, neighbors, and casual acquaintances are not "extras" in life—they are part of the basic foundation of good health, especially after 55. Regular social interaction can boost longevity, protect brain health, and support memory in powerful ways.

First, social connection is linked to living longer. Large studies have found that people with strong social ties tend to have lower risks of heart disease, stroke, and early death, even when researchers account for factors like smoking and physical activity. Being regularly around others can help lower stress hormones, reduce inflammation, and support healthier blood pressure. Sharing daily life—over coffee, a walk, or a phone call—creates a sense of safety and belonging that the body responds to with better overall health.

Social interaction is also a workout for the brain. Every conversation requires the brain to listen, process, remember details, read facial expressions, and choose words in real time. This constant "mental juggling" stimulates the brain's networks much like cross-training for the body. People who stay engaged with friends, volunteer roles, clubs, faith communities, or group activities often show better cognitive function as they age. They are regularly challenged to think, respond, and adapt, which helps keep neural pathways active.

Friendship and regular contact can support memory in several ways. Telling stories, recalling shared experiences, and keeping up with each other's news all require the brain to retrieve and update information. This "use it or lose it" principle applies to memory systems too. In addition, having companions

often encourages healthier routines—taking medications on time, getting to appointments, eating regular meals, and staying active. These everyday habits support good blood flow to the brain, better sleep, and more stable mood, all of which are essential for memory.

The emotional benefits of friendship are just as important. Loneliness is more than a sad feeling; it is associated with higher risks of depression, anxiety, heart disease, and cognitive decline. Regular social interaction can buffer stress, provide comfort during difficult times, and increase feelings of purpose. Knowing someone is expecting you—at a game night, walking group, or weekly call—can make it easier to get out of bed on low-energy days. Laughter, shared hobbies, and even gentle disagreement all remind you that you are part of something bigger than yourself.

The good news is that meaningful connection does not have to be complicated or expensive. Being isolated in your home can have a very negative effect on your health, sleep and memory. Here are some ideas to get you started:

- Attend the weekly Coffee Hour
- Join one of the clubs offered at the clubhouse
- Ask a friend or neighbor to walk with you three times a week
- Take a class at the Senior Center or the Woodburn Art Center
- Invite friends or neighbors over for high tea, puzzle, or to bake together

Dr. Mary is a neuroreflex specialist and founder of BrainWorks, a private practice focusing on cognitive function through movement and brain training. She is also a reading and dyslexia specialist.

CLACKAMAS CIRCLE POTLUCK

Breakfast for Dinner "Brinner"

Feb. 24th • 4 to 6 pm

Pancakes, Waffles, Butter, Syrup, and Coffee Provided.

Please bring a potluck item:
Favorite Syrups, Fresh or Canned Fruit Toppings, Whipped Cream, Bacon or Sausage Links, Breakfast Casserole or Quiche, Pastry or Biscuits, O.J or Other Juice, Creamer for Coffee, Sugar, Milk.

**R.S.V.P. to Bunny Buckwalter
503.349.8899**



Woodburn High School Theatre Presents: "Little Women"

Woodburn High School Theatre is proud to announce its winter production of Little Women adapted by Kate Hamill

from the classic novel written by Louisa May Alcott. This heartwarming story of growing up, romance, tenacity, and sisterhood opens Thursday, February 19.

"This story has stood the test of time for a reason," notes director Caleb Thurston, "it is still so relatable to these students today. We are just having a blast telling this story. I am so excited to have found an adaptation that feels so relevant, but I think will still please fans of the book."

The cast and crew are comprised of over forty

students from across campus, featuring Abigail Lunsford as Jo, Abigail Vazquez as Meg, Adriana Cordoba Rosas as Amy, Cassandra Gonzalez as Beth, Mercedes Garza as Marmee and Kellen Beyer as Laurie.

Performances will run for one weekend only: February 19 and February 20 at 7:00 pm and February 21 at 2:00 pm and 7:00 pm at the Woodburn High School auditorium. Tickets are \$8 for general admission and can be purchased at the box office starting thirty minutes before each performance or online at <https://or-woodburn-lite.intouchrecepting.com/WHSTheatrePresentsLittleWomen>. For more information or for group seating reservations, please contact Caleb Thurston (cthurston@woodburnsd.org; 503-980-6275).



Last Thursday's Coffee Hour a preview of the production of Little Women was given.

Reporters Wanted

The volunteers who produce the News & Views need your help. We cannot be everywhere all the time; we ask all clubs, activity groups, and members to be their own reporters. Does your club have a special event happening? Neighbors getting together for a potluck? Perhaps it's just a regular meeting and you want to promote your club. Please take some photos, provide a short write-up to go along with the photos and email to nv@seniorestatesgolf.com.

Be sure all photos and graphics you provide are high resolution, taken by permission, and/or royalty free.

Thank you!

The New Phone Directories Are Here!

By Jim Hoover

Please give a big thank you to the News & Views delivery volunteers!

Besides delivering the News & Views twice a month, these wonderful people just finished delivering the new directories. They certainly go over and above in serving our community, and we appreciate their time and effort it took to deliver the new directories to all 1,510 homes.

ENJOY SINGING? JOIN US!



If you like to sing, come and join our Woodburn Community Chorus. New members are welcome as we begin preparing our spring concert series. After learning songs from the Broadway musicals of Carousel, West Side Story, Music Man, and Sound of Music, we will present them at 6-7 independent and assisted living facilities in the area.

Practices are every Friday from 1-2:30pm in the activity room of Country Meadows (second floor). Just show up or phone Trudy Fowlks at 503-982-8656. PS: You don't have to be able to read music.

Robert Cornett
Certified Arborist #PN-6032A

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Publication Schedule

Copy Deadline	Publication Date
February 17	February 27
March 02	March 13
March 16	March 27
March 30	April 10

Please note that we are changing our material due date to Tuesday so our volunteers will not need to work over the weekend.



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 Woodburn, OR 97071



JUSTIN STEARNS AGENT
 1585 N Pacific Highway
 Woodburn, OR 9071
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Providing Insurance & Financial Services

CALENDAR

February 13, 2025 – February 27, 2025

***Any change of date, time, activity, or place must be made with the Office at 503-982-1776.
Regular Board Meetings are held the 4th Tuesday of Each Month at 1:30 in the Auditorium**

SATURDAY, FEBRUARY 14
 10:00am - 12:00pm Pickleball (Aud)
 2:45pm - 5:00pm Water Volleyball (Pool)
 4:00pm - 8:00pm Hand & Foot Group (Craft Rm)
 6:00pm - 8:30pm Checkmates Advanced Square Dance (Aud)

SUNDAY, FEBRUARY 15
 1:30pm - 7:00pm Private Event (Blue Rm)

MONDAY, FEBRUARY 16
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 8:30am - 12:00pm Sr. Estates Quilters (Craft Rm)
 9:15am - 10:00am Senior Yoga (Aud)
 9:30am - 11:00am Ladies Laugh & Chat (Blue Rm)
 10:15am - 11:15am Senior Cardio/Zumba (Aud)
 11:00am - 1:00pm Women's Golf Club (Dining Rm)
 11:15am - 12:15pm Tai Chi (Aud)
 12:20pm - 1:20pm Tai Chi for Beginners (Aud)
 1:30pm - 4:30pm Fiber Arts (Dining Rm)
 2:00pm - 3:00pm Water Aerobics PM (Pool)
 4:00pm - 8:00pm Pickleball (Aud)
 5:00pm - 6:00pm Beginner Pickleball (Aud)
 5:45pm - 8:00pm Water Volleyball (Pool)

TUESDAY, FEBRUARY 17
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 10:00am - 11:00am Senior Fitness (Aud)
 10:00am - 12:00pm Needlecraft (Library)
 10:00am - 11:00am Garden Club (Conf Rm 1)
 11:30am - 12:15pm Chair Yoga (Aud)
 11:30am - 3:00pm Progressive Hand & Foot (Blue Rm)
 2:30pm - 3:30pm Bible Study (Conf. Rm 1)
 5:00pm - 9:00pm Tuesday Night Poker (Card Rm)
 5:45pm - 8:00pm Water Volleyball (Pool)

WEDNESDAY, FEBRUARY 18
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 9:15am - 10:00am Senior Yoga (Aud)
 9:30am - 11:00am Laugh & Chat (Blue Rm)
 9:30am - 11:30am Men's League Billiards (Billiards)
 10:00am - 12:00pm Pickle Ball (Dining Rm)
 10:15am - 11:15am Senior Cardio/Zumba (Aud)
 12:00pm - 1:00pm Friends of Bill W. (Craft Rm)
 12:00pm - 4:00pm Double Deck Pinochle (Card Rm)
 1:00pm - 3:30pm Wii Bowling (Aud)
 2:00pm - 3:00pm Water Aerobics PM (Pool)
 6:00pm - 9:00pm Bingo (Dining Rm)
 6:00pm - 9:00pm Pinochle (Blue Rm)

THURSDAY, FEBRUARY 19
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 8:30am - 12:00pm Sr. Estates Quilters (Craft Rm)
 9:30am - 11:00am Coffee Hour (Aud & Kitchen)
 11:30am - 12:30pm Chair Yoga (Aud)
 12:00pm - 3:00pm Crafters Corner (Craft Rm)
 1:00pm - 3:00pm Pool Ladies Billiards (Billiards)
 4:30pm - 5:45pm Tops weight loss group (Dining Hall)
 5:00pm - 9:00pm Thursday Night Poker (Card Rm)
 5:45pm - 8:00pm Water Volleyball (Pool)
 6:00pm - 9:00pm Pinochle (Blue Rm)

FRIDAY, FEBRUARY 20
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 9:15am - 10:00am Senior Yoga (Aud)
 9:30am - 11:00am Ladies Laugh & Chat (Blue Rm)
 10:00am - 12:00pm Pickleball (Dining Rm)
 10:15am - 11:15am Senior Cardio/Zumba (Aud)
 12:30pm - 4:30pm Friday Bridge Group (Blue Rm)
 12:30pm - 3:30pm Bunco (Craft Rm)
 2:00pm - 3:00pm Water Aerobics PM (Pool)

SATURDAY, FEBRUARY 21
 7:00am - 5:00pm Private Event (Dining Rm & Kitchen)
 10:00am - 12:00pm Pickleball (Aud)
 2:45pm - 5:00pm Water Volleyball (Pool)
 4:00pm - 8:00pm Hand & Foot Group (Craft Rm)

MONDAY, FEBRUARY 23
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 8:30am - 12:00pm Sr. Estates Quilters (Craft Rm)
 9:15am - 10:00am Senior Yoga (Aud)
 9:30am - 11:00am Ladies Laugh & Chat (Blue Rm)
 10:00am - 12:00pm Pickleball (Dining Rm)
 10:15am - 11:15am Senior Cardio/Zumba (Aud)
 11:15am - 12:15pm Tai Chi (Aud)
 12:20pm - 1:20pm Tai Chi for Beginners (Aud)
 12:30pm - 4:30pm Monday Duplicate Bridge (Blue Rm)
 1:30pm - 4:30pm Fiber Arts (Dining Rm)
 2:00pm - 3:00pm Water Aerobics PM (Pool)
 4:00pm - 8:00pm Pickleball (Aud)
 5:00pm - 6:00pm Beginner Pickleball (Aud)
 5:45pm - 8:00pm Water Volleyball (Pool)
 6:00pm - 8:00pm Pickleball (Aud)

Reminder: All clubs and groups need to schedule rooms with the office for your 2026 activities.

TUESDAY, FEBRUARY 24
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 10:00am - 11:00am Senior Fitness (Aud)
 10:00am - 12:00pm Needlecraft (Library)
 11:30am - 12:15pm Chair Yoga (Aud)
 11:30am - 3:00pm Progressive Hand & Foot (Blue Rm)
 2:30pm - 3:30pm Bible Study (Conf. Rm 1)
 5:00pm - 9:00pm Tuesday Night Poker (Card Rm)
 5:45pm - 8:00pm Water Volleyball (Pool)

WEDNESDAY, FEBRUARY 25
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 9:15am - 10:00am Senior Yoga (Aud)
 9:30am - 11:00am Laugh & Chat (Blue Rm)
 9:30am - 11:30am Men's League Billiards (Billiards)
 10:00am - 12:00pm Pickleball (Dining Rm)
 10:15am - 11:15am Senior Cardio (Aud)
 12:00pm - 1:00pm Friends of Bill W. (Craft Rm)
 12:00pm - 4:00pm Double Deck Pinochle (Card Rm)
 1:00pm - 3:15pm Wii Bowling (Aud)
 2:00pm - 3:00pm Water Aerobics PM (Pool)
 6:00pm - 9:00pm Bingo (Dining Rm)
 6:00pm - 9:00pm Pinochle (Blue Rm)

THURSDAY, FEBRUARY 26
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 8:30am - 12:00pm Sr. Estates Quilters (Craft Rm)
 9:30am - 11:00am Coffee Hour (Aud & Kitchen)
 11:30am - 12:15pm Chair Yoga (Aud)
 1:00pm - 3:00pm Pool Ladies Billiards (Billiards)
 4:30pm - 5:45pm Tops weight loss group (Dining Hall)
 5:00pm - 9:00pm Thursday Night Poker (Card Rm)
 5:45pm - 8:00pm Water Volleyball (Pool)
 6:00pm - 9:00pm Pinochle (Blue Rm)

FRIDAY, FEBRUARY 27
 8:00am - 8:45am Mermaid Water Aerobics (Pool)
 9:15am - 10:00am Senior Yoga (Aud)
 9:30am - 10:30am Ladies Laugh & Chat (Blue Rm)
 10:00am - 12:00pm Pickleball (Dining Rm)
 10:15am - 11:15am Senior Cardio (Aud)
 12:00pm - 4:30pm Friday Bridge Group (Blue Rm)
 12:30pm - 3:30pm Bunco (Craft Rm)
 2:00pm - 3:00pm Water Aerobics PM (Pool)

Out & About

Woodburn Library
Fitness classes
 Ongoing • 280 Garfield St., Woodburn
Cultural Passes for various places
 Continual
Craft Class-Stamped Book Bag
 Feb. 24 • 2:00pm
 Call 503-982-5262 to register
 See website for more details • www.woodburn-or.gov/library

Native Innovation Museum Exhibit
 An exhibit celebrating the first innovators, scientists, and engineers in Oregon
 Through Feb 17 • Library Hours

Woodburn Historical Museum
 Bungalow Theater & Museum
 Thur - Sat • 1pm - 4pm
 455 N Front, Woodburn

American Legion
 Meets every 2nd Thursday at 6pm
 Country Cottage Restaurant

Live Music in Aurora
 Aurora Vineyards • Various dates
 21338 Oak Lane NE, Aurora
 See website for more details
awwine.com/winery-events/

Lakewood Center for the Arts
 The Glass Menagerie by Tennessee Williams
 Feb 27 - April 5
 368 S State St., Lake Oswego
 See website for more details
www.lakewood-center.org

Canby Cinemas
 Movies in Canby
 All day Tuesdays \$5, 3D + \$2
 252 NE 2nd Ave., Canby
 See website for more details
canbycinema8.com

The Palace Theater
 Movies in Silverton • everyday
 200 N Water St., Silverton
 See website for more details
www.palacesilverton.com

First Thursday in Canby
 Businesses & restaurants open late
 Thurs Feb 5 • 5 pm-8 pm
 Downtown Canby

First Friday in Silverton
 Businesses & galleries open late
 6 pm-9 pm • Downtown Silverton

Discount Day at OMSI
 First Sunday of every month • 9:30am-5:30pm
 \$5 General admission to perm exhibits

Who's on Third
 Feely Family performs on piano and organ.
 Concert includes a silent movie with music accompaniment. • Goodwill Offering
 Sat Feb 21 • 3pm - 4pm
 Woodburn United Methodist Church
 700 N. Cascade Dr.

Crab Feed & Auction
 Put on by the Knights of Columbus
 Sat Feb 28 • Open 4:30pm
 Clackamas County Fairgrounds
 See website for more details
clackamascountyfair.com

The Oregon Gardens
 Botanical garden experience
 Everyday • 10 am-3 pm
 Silverton, Oregon

Oregon International Auto Show
 Feb 19-22 • Oregon Conv Center-Portland

Portland Spring

Home & Garden Show
 Feb 26-Mar1
 Portland Expo Center

COUCH POTATOES




Pearl and Jake are spending a cold winter day kicking back on a warm couch. Spring is on the way and warmer days will be here soon. *David Burnett*






TASTE & TOUR

Third Sunday of the Month, 11 A.M. – 2 P.M.
Cascade Park Retirement Community

CASCADE PARK
A CENTURY PARK COMMUNITY

950 North Cascade Drive
Woodburn, OR 97071
CascadeParkRetirement.com

RSVP to 503.981-0033 2 days before the event

GriefShare®

Grief Support Group

Help and encouragement after the death of a loved one. A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. At this 13-week group, you'll receive valuable guidance and tips, leading you to relief, comfort, and peace of mind.

We show a 30-minute video, with discussion, and personal reflection. Each session is independent of the others. Workbooks are provided at no cost to participants. We hope you will join us from 1pm to 3pm.

February 19 – "Loneliness and Sadness"
February 26 – "Self-Care"
March 5 – "Fearful and Overwhelmed"
March 12 – "Anger"

Contact Us Today

Woodburn Christian Church
126 N Workman Drive • Woodburn
(503) 981-9423
office@woodburnchristianchurch.org • griefshare.org

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News & Views

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EST. 2024

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